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If the material is to be kept intact with no additions or alterations, we encourage you to print, upload and share our resources. In exchange for using this resource free of charge, please provide info@preventable.ca with estimated numbers for the following:

- Locations at/on which the material will be displayed and for how long
- Total distribution or numbers of postings
- Approximately how many people will see the material

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**Before reaching for that extra foot and a half,
have a word with yourself.**



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