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If the material is to be kept intact with no additions or alterations, we encourage you to print, upload and share our resources. In exchange for using this resource free of charge, please provide info@preventable.ca with estimated numbers for the following:

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- Total distribution or numbers of postings
- Approximately how many people will see the material

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**Before you think
you won't need
a helmet today,
have a word
with yourself.**



THE COMMUNITY AGAINST
preventable
INJURIES